

## **Telford Homes Shortlisted for UK Employee Experience Awards - Health & Wellbeing**

We are pleased to announce that Telford Homes is a finalist for the Health and Wellbeing category at the UK Employee Experience Awards.

The Telford Homes' Health and Wellbeing programme has run since 2018; and is aimed at promoting and protecting the mental and physical health of our people in order to develop a unique and supportive culture. Employees can get involved in a range of activities throughout the year, such as Mental health awareness sessions through to meditation sessions.

We have a dedicated team of over 50 trained mental health first aiders who listen to our people and where required, provide advice on where to find professional support. We also launched our Time to Check in Campaign last year, encouraging employees to call a colleague for a non-work related catch up.

We would like to thank our dedicated Health and Wellbeing committee and Mental Health First Aiders.

This is testament to their fantastic workover the past few years. A big well deserved congratulations to the H&WB Team, and thank you to all of you who have taken the time to participate in the programme to date.

Winners will be announced on 19th May 2022.

To read more about our company culture, click [here](#).