

Telford Homes Wins a Silver Award For Our Health and Wellbeing Programme at The Employee Experience Awards

We are pleased to announce that Telford Homes has won the Silver Award in the Health and Wellbeing category at the Employee Experience Awards 2022.

The Employee Experience Awards celebrate the UK's best Employee Experience programmes. Across all kinds of organisations the Employee Experience Awards honour innovators, leaders, professionals and teams who face challenges of change and showcase a range of initiatives that everyone can learn from.

It is widely reported that the construction industry suffers from one of the highest suicides rates of any sector across the UK. Aimed at protecting the mental and physical health of our people, Telford Homes set up our health and wellbeing programme in 2018 so as to develop a unique and supportive culture.

Since then we've held an annual calendar of events and activities designed to promote better mental and physical health, including yoga and meditation sessions for staff and their families. Our events aim to address subjects of mental health such as stress, anxiety and depression, encouraging open and honest conversations. This year we took the programme even further, covering a broader range of subjects including a focus on physical health, enhancing support for employee's families plus offering advice on Children's Mental Health. We also have a dedicated team of over 40 trained mental health first aiders who listen to our people and where required, provide advice on where to find professional support.

Lisa Carnegie, our Employee Relations Manager supported by Steve Nicoll, our SHE Director led a 15 minute presentation about our Health and Wellbeing programme and strategy to a panel of four judges, which was followed by a short question and answer session. The presented truly showcased the work that is being done at Telford Homes, and we are thrilled the Judges were impressed and recognised our efforts.

We would like to thank our Health and Wellbeing Committee and everyone across the business who has helped us build our award winning programme.

You can find out more about working at Telford Homes [here](#).

